

Milady's Boudoir

(BY GWEN SEARS.)

Each Woman Should Cultivate Her Own Individual Type—
To Properly Care for the Child's Mouth and Teeth—
Everyday Etiquette—Several Egg Recipes Sub-
mitted by Mrs. M. B. Miller of Willard, Utah
—Simple Facts About Egg Cookery.



Gwen Sears.

MAKING THE MOST OF YOUR BEAUTY

It matters not how many charms or how few you possess, every woman should cultivate her individual type, giving each detail its due consideration, with special attention awarded to those features of superior value.

How often do we observe that frankly homely men and women present a most attractive, even magnetic, personality. If you study these people, it soon becomes evident that not a little of their charm lies in their well groomed appearance. Their hair may be coarse and straight, but it is healthy in appearance and becomingly arranged; their hands large, but nicely manicured; their complexion clear and unblemished; and while their eyes may be small, they are clear and expressive and the brows thin delicate arches.

Just to give a certain amount of time to the details of the toilet each day not only encourages real beauty, but preserves it as well. A little painstaking experimenting will convince that most skeptical woman of this statement, for no woman ever lived who is genuinely indifferent to her personal appearance and to the compliments or criticisms it revokes, regardless of all protests to the contrary.

It is not enough that the tangles be taken out of the hair in the morning and at night. The hair should be thoroughly brushed in order to remove the accumulated dust from the hair shafts and scalp. It should be ventilated for five or ten minutes every day and during this interval may be massaged with the finger tips to keep the functions of the skin in good condition.

YOUR BOYS AND GIRLS.

From the time of its birth the child's mouth should be cleansed morning and evening. To accomplish this use tepid water and salt, or water made slightly alkaline with a pinch of powdered borax. A small piece of soft linen cloth may be wrapped around the forefinger, dipped in the water and gently rubbed about the child's mouth.

When the temporary teeth are all

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"I'M CRAZY IN LOVE," SAYS WEALTHY MAN'S DAUGHTER OF HALLBOY HUSBAND



Mrs. Isabel Bernheimer Murray.

Isabel Bernheimer, nineteen-year-old daughter of Charles Daly Bernheimer, millionaire tenant in a de luxe apartment house in New York city, eloped with James Murray, doorman of the house, and is today known as Mrs. James Murray. Desperate efforts were made by the parents and relatives of the young bride to get her to leave her husband, but she refused all overtures and avowed, "I will never leave Jim as long as I live, I'm crazy in love."

SAFER CREDITS

The Regional Bank's New Measure Will Help Business Men in Many Ways.

Better credits, rather than an extension of credit, is the much-to-be-desired effect which the Federal reserve act will have on business. The new regional banks will exercise a useful function in assisting member banks to improve the character of their loans.

The most useful function in matters pertaining to health is the digestive system, for it is from this source we receive our daily help in renewing the waste portions of the body, keeping the blood pure and well supplied with red corpuscles, and the general condition up to Nature's standard.

Therefore, watch the digestion and at the first signs of weakness, distress and ill health, get the assistance given. This can be efficiently supplied by the use of Hostetter's Stomach Bitters. It has a well known reputation as a tonic and appetizer and can thus be relied upon to help you regain your appetite, assist the entire digestive system and help Nature in the promotion and maintenance of health.

Make Hostetter's Stomach Bitters your first choice in any ailment of the Stomach, Liver or Bowels. You will find it well worth the genuine—Advertisement.

CANADIANS ARE MUCH ADMIRER

Ottawa, Ont., March 26.—Experiences of the Canadian troops at the front are detailed in the first account by the official Canadian recorder with the contingent abroad, transmitted by cable to the minister of militia from the secretary of the war office in London tonight.

"As Lord Kitchener has stated," said the recorder, "the Canadian troops have now, after gaining some preliminary experience, taken their turn as a division in the trenches. Nothing sensational has happened to them. It has not up to the present been their fortune to be swung forward in a desperate attack or cling in defensive tenacity to the trenches which the Germans have resolved to master. There have, of course, been casualties. One does not enter the trenches without casualties, for the sniper never fails to claim his daily toll, but the trench experiences of the Canadians have not up to the present been eventful, as one judges of incidents in this war."

"And our men have, of course, made the acquaintance of 'Jack Johnson' without liking him, for he is not likable. They endure him with as much constancy as a brave man needs. Nor indeed, have our own artillery failed to do more, and even more than hold their own."

"Our infantry were not especially engaged in the fighting at Neuve Chapelle, but our artillery played its part in that triumph of artillery science which preceded the British attack."

"And there were not a few of our infantry who were longing for that order. They think that the Germans have presumed upon a slight acquaintance. For on the very first night on which our men were put into the trenches, the Germans began to call out, 'Come out, you Canadians, come out and fight.'"

"When the Germans' flares in the trenches nervously lighted up the space between the two lines, there are the northern lights," was the comment of Canada, and "Northern lights" they have remained to this day."

"It would be evidently impertinent to say more of the general officer commanding the force, General Anderson, than that he enjoys the most absolute confidence of the fine force he commands. He trusts them, and they trust him and it will be strange if their co-operation does not prove fruitful."

The official account, which is dated "In Flanders, March 26," explains that many facts are omitted because of military expediency to prevent information of troop movements reaching the belligerents on the other side of the trenches. Of the Princess Patricia regiment, it is said that "the battalion has proved itself worthy of fighting side by side and on equal terms with the army of veterans and heroes

BIBLES READY TO BE PLACED IN HOTELS OF OGDEN

A concerted movement was begun about two years ago by the Protestant churches looking toward the placing of Gideon bibles in the various hotels of Ogden. This movement has been pushed steadily forward, until the work has been accomplished.

On display in the First Baptist church, where the movement had its birth, are 439 Gideon bibles which arrived in the city last week from the publishing firm of Thomas Nelson & Sons. These Gideon bibles will be dedicated Sunday afternoon, promptly at 3:20 in the First Baptist church edifice. The services will be open to the public, and will be in charge of the Protestant ministers of the city. It was hoped to have one or more of the Gideons at this service, but it was impossible to secure those men. The prayer of dedication will be offered by the Rev. J. E. Carver, with a few introductory remarks by the Rev. H. D. Zimmerman, while Rev. G. F. Rasmussen will have charge of the service, assisted by the Rev. F. G. Brainerd. The service will be very brief, lasting only about twenty minutes.

Since Ogden is the first city between Denver and San Francisco to have Gideon bibles in the hotels, it is expected that many will avail themselves of the opportunity of attending the first Gideon service ever held in Utah, when this practical form of Christian service for the spiritual welfare of the commercial traveling men will be officially launched.

In order to a proper distribution of the Gideon bibles to the rooms of the various hotels, volunteers from each church are needed. To make the event successful in the history of our city, we urge young men and young women to aid the pastors of the churches in distributing the bibles. The 439 bibles will be distributed among the hotels of the city as follows:

Reed	100
Broom	45
Arlington	45
Marion	20
Pacific	20
Helena	24
Brigham	35
New Healy	65
New Ness	14

Your mother used Wedding Breakfast Coffee for years—your grocer has it. Insist upon it—Advertisement.

"Zudora" in "The \$20,000,000 Mystery," 18th episode, at the REX today. Open 2 p. m. to 11 p. m. 5c—ALWAYS—5c.

WHERE HELIOGRAPH GIVES WARNING OF FIRES

Supervisor E. Grandjean of the Boise forest, who is in Ogden for a few days, ascribes much of the success in controlling fires on the Boise range during the unusually dry period last season to the effectiveness of the fire lookouts, in connection with the telephone and the heliograph. The latter instrument, which has been used for years by the army, is used more extensively in the national forests of Montana, northern Idaho, Washington and Oregon. The principle is that of flashing light by means of mirrors, and communication is possible only between two points visible to each other. In order to receive the messages, flashed by signals, it is essential that each officer know the Morse or some similar code. Messages have been transmitted seventy-five miles.

Already the Boise has twenty-two telephone stations distributed at strategic points throughout the forest, and twelve ranger headquarters are fully equipped with provisions and fire fighting supplies, and eight tool caches equipped with fire fighting implements are located at isolated points.

A SKIN OF BEAUTY IS A JOY FOR EVER

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lated points. Mr. Grandjean has just made a large purchase of No. 3 telephone wire with which to construct two extensions to telephone lines, aggregating fifty miles, one from the Long Gulch ranger station to Pine Idaho, in the southern part of the forest, and the other from Lick creek to the Grandjean ranger station in the northern part within what has been designated the South Fork of the Payette river game preserve. These lines will be constructed so far as possible by rangers and the poles will be got out during the spring months and after seasoning the butts, at the close of the fire season, will be given two brush treatments with creosote before they are set.

Game Thriving in Preserve. When the game preserve was established in the northern part of the Boise forest by the state of Idaho several years ago, it was considered somewhat of an experiment. There were but twenty-five or thirty known elk in the region, and the former large numbers of deer, goats and mountain sheep had been diminished to mere remnants. Mr. Grandjean deprecates wanton destruction of animal life or its loss through loss of reasonable care, and it was largely through his efforts that this preserve was created. He is naturally gratified by the results, since counts of the past winter show the present number of elk to be about 200 and the deer 1000, while the goats and sheep are multiplying satisfactorily.

Two other game preserves were established by the state at the last legislative meeting, one in southern Idaho and the other partly in the Weiser and partly in the Nez Perce forest, in the western part of the state.

BISHOP PAUL JONES IS TO BE THE SPEAKER ON SUNDAY

The Rt. Rev. Paul Jones, bishop of Utah, will administer the Apostolic rite of confirmation at the Church of the Good Shepherd on the evening of Palm Sunday at 8 o'clock. Bishop Jones will also preach the sermon at this service. The new vested choir under the leadership of H. F. Aldredge will furnish the music.

Holy Week services will be held in the Church of the Good Shepherd on Tuesday, Wednesday and Thursday at 10 a. m. and 4:15 p. m. On Good Friday, April 2, there will be the preaching of the cross from 12 to 3 p. m. and in the evening at 8 o'clock. Evening prayer and preparation service for the Easter communion.

NOT TO THE POINT. "I want a book for a high school boy."

"How about Fielding?" "I dunno. Got anything on base running?"—Courier-Journal.

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